



Double Lomi Lomi Nui



4 hand Lomi Lomi Nui



LOMI LOMI NUI HAWAIIAN TEMPLE STYLE MASSAGE

Our aim is to reach the harmony of body, soul and spirit and to start the self-healing processes through the massage. LomiLomi treats effectively stress and tension by letting go of the old patterns stored in the body.

During the Hawaiian Temple style massage the therapist is the dancer and recipient is the choreographer so the dance will always be different.

It is a full body massage in which the therapist works with unique, slow, flowing strokes made with his or her forearms and elbows. The intimate body parts are covered with a towel.

Polynesian music is played during the therapy and heated coconut oil helps the massage flow.

Hawaiian style Back and Leg Massage
Price: 75€ / 50 Minutes

Hawaiian style Full Body Massage
Price: 105€ / 75 minutes

Lomi Lomi Nui Treatment
Price: 135€ / 90 Minutes

Four-handed Lomi Lomi Nui Treatment
A very complete, unique, sacred experience when 4 hands stroke, rock and give you massage simultaneously
Price: 140€ / 75 Minutes

Double Lomi Lomi Nui treatment
170€ / 50 Minutes
230€ / 75 Minutes
280€ / 90 Minutes

Enjoy our flowing massage with your partner, child or friend! We touch you simultaneously with synchronized movements in an open-air space, next to a pool when Hawaiian melody is being played.

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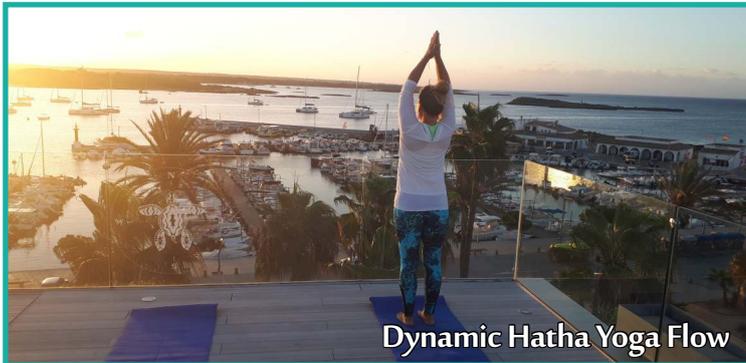


VERDE OLA Masaje y Yoga

**We are looking forward to
having you in our practice.**
ALOHA



CHOOSE DAILY YOGA PRACTICE DURING YOUR HOLIDAY!



Dynamic Hatha Yoga Flow



Hawaiian Lomi Lomi Nui Flow Massage

PRIVATE YOGA SESSIONS

MORNINGS: Dynamic Hatha Yoga Flow: 60 min

Each pose flows into the next without stopping and you feel energised for the rest of the day.
1 person / 60 min. : 60€ • 2 persons / 60 min. : 80€ • 3-4 persons / 60 min. : 120€

EVENINGS: Ayurvedic Tri - Dosha Set : 90 min

During balancing Asana-s we are meditating with the whole body.

1 person / 90 min. : 80€ • 2 persons / 90 min. : 100€ • 3-4 persons / 90 min. : 160€



Partner / Contact Yoga

ANYTIME

Partner / Contact Yoga

With group, partner or trio exercises we develop trust communication and play.

2 persons / 60 min. : 100€ (50 € / person)

4 persons / 60 min. : 160€ (40 € / person)

For groups of 5 or more people, check out our special price for private classes. If you'd like to attend a group class in Colònia de Sant Jordi or Ses Salines, please ask Reception or contact us (the group price is 15 euros per person).

WELLNESS MESSAGES

- Sweet Lomilomi - with almond oil / 75 min : 110 €
- Coco y sal Lomilomi - peeling with Flor de Sal / 75 min : 120 €
- Lomilomi Ili Ili - with lava stones / 75 min : 120 €

WELLNESS DAY JUST FOR YOU

One to one Hatha Yoga Flow yoga session 60 min
& Hawaiian Lomi Lomi Flow Massage 75min : 150€

WELLNESS DAY FOR BOTH OF YOU

Couple Yoga 60 min & Synchronized Lomi Lomi Nui Massage
for 2 in the same time 75 min : 300€ (150€ / person)

AQUATIC BODYWORK:

This is a special aquatic therapy. Floating, rocking, relaxing in the water. During a warm-water treatment, the body is carried from gravity, thus eliminating muscle tension. The weightless floating and the soothing effect of water will stop stressful conditions.

One to one session: ca. 45 - 60min : 70€

Aquatic
Bodywork



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